



## PRESS RELEASE

DATE: 27/04/2016 CONTACT: Danielle Blewett PHONE: 0400642794

# Burn for StGiles?

What: Balfour Burn for StGiles  
When: 9am – 12 Sunday May 1  
Register: On the day from 7.30am, \$20  
Where: Charles and Balfour Streets, Launceston

Launceston fireman Chris Duffy will show guts and determination on Sunday when he pushes his son Jack 420m uphill for this year's Balfour Burn for StGiles.

Last year, Chris carried Jack for six days on the 65km Overland Track through Tasmania's Lake St Clair National Park. He sees the Balfour Burn as a training run for Point to Pinnacle later this year and an active way to support the service that has helped Jack since birth, StGiles.

The Balfour Burn is a 420m urban hill climb that is an awareness and fundraising activity for Tasmania's largest children's disability service, StGiles.

Chris is asking families to join him for a good cause on Sunday morning.

Last year StGiles saw 6674 children and organisers are hoping to raise \$10,000 for Sunday's event.

This year's Burn will start with a gentle pram push at 9am followed by dog walkers, runners, clubs, cycle, tyre pull, groups and open sections.. The final race at midday, will be an obstacle race, the Harrison Humphreys Hill of Hurt. Hill of Hurt runners will be challenged by nets, tyres, hay bales, balancing beams and finally through the eye of the needle up and over the finish line on the Balfour Street summit.

Registration is \$20 for adults and \$10 for children and entrants can register from 7.30am on Sunday in front of Sporties on the corner of Balfour and Charles Streets. The Launceston Running Club will be timing all participants.

“We hope people make the effort for StGiles and be heroes for a cause,” the event's organiser Claire Barcza said. The full list of race times will be posted on Balfour Burn FB page by next Friday.

Southern Cross TV news readers Jo Palmer and Rachel Williams have volunteered to call the race and other activities track side include the Launceston Airport Fire Tender, Sweet Brew Coffee & Donuts, Delicious Little Things, Fit-Up active wear, Landfall BBQ and buskers as well as the usual buzz of the Charles Street café culture.

**ENDS.**



**PRESS RELEASE**

---